



# INTRO TO AMERICAN INDIAN AND ALASKA NATIVE HEALTH

[www.americanindianhealth.nlm.nih.gov](http://www.americanindianhealth.nlm.nih.gov)

# Hello!

## Introduce yourself

Learning Goals:

1. Understand what kind of information American Indian and Alaska Native Health provides
2. Learn how to navigate and search on AIANH
3. Accomplish a search on AIANH on my own



# What is American Indian and Alaska Native Health?



*AIANH is a health information website for American Indians and Alaska Natives. It is freely available, and offers access to evaluated and authoritative resources for individuals, health educators, and health professionals*

# AIANH is GREAT for...

- ▷ General knowledge on health topics relevant to American Indians and Alaska Natives
- ▷ Providing education and research materials on health topics

# Basic Navigation

1

# American Indian and Alaska Native Health

HEALTH INFORMATION FOR PEOPLE AND COMMUNITIES

[Home](#) | [Health & Wellness](#) | [Health Conditions](#) | [People & Traditions](#) | [Programs & Services](#) | [Research & Data](#)

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Text Size: A A A

## Welcome!

American Indian and Alaska Native Health <https://americanindianhealth.nlm.nih.gov/> is a central source for information about the health and well-being of Native Americans and Alaska Natives. It is freely available, and offers access to evaluated and authoritative resources for:

- individuals,
- health educators,
- healthcare professionals.



**American Ind...**  


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**American Indian Health Web Site User Group and Friends**  
about 11 months ago

1990  
Year that President George H. W. Bush, at the request of Congress, issued a proclamation




# Search Bar



# Search Bar: “Cancer”

## American Indian and Alaska Native Health



**Cancer** - National Institutes of Health  
[americanindianhealth.nlm.nih.gov/subtopic/1/Health-Conditions/33/Cancer](http://americanindianhealth.nlm.nih.gov/subtopic/1/Health-Conditions/33/Cancer)  
An American Indian Physician: Dr. Judith Kaur, Warrior in the Fight Against **Cancer**. National **Cancer** Institute, NIH. Dr. Judith Kaur is an American ...

American Indian and Alaska Native Health  
[americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/47/Elders-Health](http://americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/47/Elders-Health)  
**Cancer** Screening Practices Among American Indian and Alaska Native Elders. NRCNAA/University of North Dakota Center for Rural Health (PDF, 50 KB) ...

[PDF] **Cancer** and Me By Erich Longie Niikaanag (My brothers, my ...  
[americanindianhealth.nlm.nih.gov/files/LongieCancerandMe.pdf](http://americanindianhealth.nlm.nih.gov/files/LongieCancerandMe.pdf)  
**Cancer** and Me By Erich Longie . Niikaanag (My **brothers**, my **friends**). Anishinabeg (**Original Man**) and Ma'iingan (The Wolf) walked the Earth and come to ...

American Indian and Alaska Native Health  
[americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/46/Childrens-Health](http://americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/46/Childrens-Health)  
**Cancer** . **Cancer** in Native American Children - Journal Citations from PubMed/MEDLINE. National Library of Medicine ... General Health Information on ...

American Indian and Alaska Native Health  
[americanindianhealth.nlm.nih.gov/subtopic/3/People-Traditions/53/Traditional-Healing](http://americanindianhealth.nlm.nih.gov/subtopic/3/People-Traditions/53/Traditional-Healing)  
National **Cancer** Institute, NIH. Dr. White, Director of The Office of **Cancer** Complementary and Alternative Medicine (OCCAM) and Dr. Henderson, CEO of ...

American Indian and Alaska Native Health  
[americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/37/Exercising-and-Keeping-Fit](http://americanindianhealth.nlm.nih.gov/subtopic/2/Health-Wellness/37/Exercising-and-Keeping-Fit)  
Energy Balance/Weight Control. Native American **Cancer** Research Corporation. A fact sheet that helps to explain how and eating health and exercise can ...

American Indian and Alaska Native Health  
[americanindianhealth.nlm.nih.gov/subtopic/3/People-Traditions/74/Our-Stories](http://americanindianhealth.nlm.nih.gov/subtopic/3/People-Traditions/74/Our-Stories)  
The Wolf. A video story about a Native American man's battle with and coming to terms with his prostate **cancer**. This digital story was produced at ...

American Indian and Alaska Native Health



# Health and Wellness

# Health and Wellness: Category Options

[Home](#) > [Health & Wellness](#)

## Health & Wellness

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[Children's Health](#)

[Eating Healthy and Nutrition](#)

[Elder's Health](#)

[Environmental Health](#)

[Exercising and Keeping Fit](#)

[Tribal Preparedness for Emergencies and  
Disasters](#)

# Health Topics: Cancer

Cancer is the general name of a group of diseases. Normally your body cells grow, divide, and die in a timely and orderly fashion. Cancer happens when abnormal cells start to grow out of control and invade other tissues.

## Here are some facts about cancer:

- There are more than 100 different types of cancer
- Cancer begin in your body's cells
- Cancer cells can spread into other parts of the body
- Untreated cancer can cause serious illness and even death

## The most common types of cancers are:

- Breast cancer
- Leukemia
- Lung cancer
- Prostate cancer
- Skin cancer
- Colon cancer

## Educational Resources

Below are some resources addressing cultural and spiritual aspects of cancer care for American Indians and Alaska Natives, produced through the Southwest American Indian Collaborative Network.

- [Keeping Our Spirit Strong](#) [PDF - 4 KB]  
A video discussion guide for "Cancer Has Crept among Us" and "American Indian Attitudes & Values: An Integral Part in Cancer Care"
- [Spiritual Care within Oncology Care](#) [PDF - 187 KB]  
An article describing the Oncology Care Program at the Phoenix Indian Medical Center

## Resources

[National Cancer Institute](#) 

Part of the National Institutes of Health, they have information on the different types of cancer, treatment, prevention, living with cancer, and research.

[American Cancer Society](#) 

Information on cancer, how to stay healthy, finding support and treatment, and research.

[Cancer Prevention and Control](#) 

Part of the Centers for Disease Control and Prevention, they have information about prevention, statistics, and living with, through, and beyond cancer.

[The Mesothelioma Group](#) 

Understanding Cancer.

[American Childhood Cancer Society](#) 

The American Childhood Cancer Society has helped over a million children beat cancer.



# Health Conditions

# Health Conditions: Category Options

## Health Conditions

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General

Alcohol Abuse

Cancer

Diabetes

Flu

Heart Diseases

HIV/AIDS

Lung Diseases

Mental Health

Methamphetamines

Smoking and Commercial Tobacco Use

Substance Abuse

Suicide

# Health Conditions: Mental Health

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- [Our Health](#)
- [Our Stories](#)
- [For Researchers, Health Professionals, and Educators](#)
- [Organizations and Programs](#)
- [General Health Information about Mental Health](#)

## Our Health

*Health information specific to American Indian and Alaska Native people*

## Our Stories

*American Indians and Alaska Native people share their personal health experiences*

## For Researchers, Health Professionals, and Educators

*Tools for American Indian and Alaska Native people health*

## Organizations and Programs

*Organizations and programs supporting health in American Indian and Alaska Native communities*

## General Health Information about Mental Health

# More Practice

- ▷ Try searching for a topic of your choice!



# Thanks!

## Any questions?

You can find me at:

@username

user@mail.me

# Credits

Special thanks to all the people who made and released these awesome resources for free:

- ▷ Presentation template by [SlidesCarnival](#)
- ▷ Photographs by [Unsplash](#)

# Presentation design

This presentations uses the following typographies and colors:

- ▷ Titles: **Raleway**
- ▷ Body copy: **Lato**

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<https://www.fontsquirrel.com/fonts/raleway>

<https://www.fontsquirrel.com/fonts/lato>

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- ▷ Light blue **#7ecef**
- ▷ Yellow **#ff9715**
- ▷ Magenta **#f20253**
- ▷ Dark gray **#677480**
- ▷ Light gray **#97abbc**

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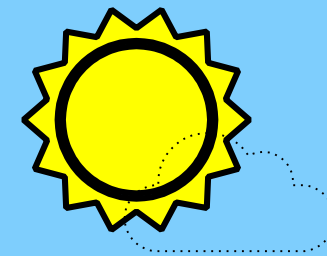
SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.
- Change line color, width and style.

Isn't that nice? :)

Examples:





Now you can use any emoji as an icon!

And of course it resizes without losing quality and you can change the color.

How? Follow Google instructions

<https://twitter.com/googledocs/status/730087240156643328>



and many more...